Abstract—In this paper, two dual-band antennas operating at 2.9 GHz and 5.8 GHz are proposed and investigated in terms of their strain-dependent return loss and radiation characteristics. They are designed to operate as strain sensing and communicating device at the same time in a frequency doubling strain sensor which is interrogated wirelessly by a reader. Easy detection of the sensor signal is possible due to the assignment of different frequency bands to transmit and receive signals. An integration of transmit and receive antenna into one dual-band structure offers a compact sensor solution. The antennas’ resonance frequencies shift if strain is applied, which in the case of the proposed antennas can be used to characterize the strain not only in terms of amplitude but also direction. A very small size is achieved for a one-feed design, which leads to high strain sensitivity values along one axis. A two-feed concept is designed to ease integration with the frequency doubler and detect strain in two directions with equal sensitivity. Return loss and radiation patterns of both designs are presented. Due to the wide beamwidths of both antennas interrogation is possible from a wide range of angles.

Index Terms—Microstrip antennas, Multi-frequency antennas, Strain measurement, Wireless sensors, Frequency doubler, Structural health monitoring

I. INTRODUCTION

STRUCTURAL Health Monitoring (SHM) is the process of continuous surveillance and damage detection on buildings, aircrafts, machines or other civil structures. A system of sensors (“smart skin”) allows the detection and characterization of damages which could have a significant effect on the operational capability of the structure. Ideally, this will provide warnings, prevent complete failure and facilitate countermeasures.

SHM sensors detect various parameters such as temperature, humidity or strain. The characterization of strain gives information on cracks, deformations or vibrations on the structure. It is therefore an essential parameter for the conclusion on operability.

The most commonly used sensors for strain monitoring today are piezoresistive strain gauges. Extensive wiring is required to connect these sensors to a base station, which gathers the sensed data. This adds a significant amount of complexity and error sources to the system, if for example a large bridge has to be equipped [1]. The solution to this problem can be the use of wireless sensors, that can be attached to the monitored structure and interrogated wirelessly by a reader. A high level of compactness can be achieved if the antenna which is used for communication purposes with the reader device serves as the sensing part at the same time [2]. If the antenna is tightly attached to known weak points of the monitored object, the strain on the structure transfers to the antenna which then changes its dimensions and hereby its resonance frequency ([3],[2]). By monitoring the shift of the antenna’s resonance frequency the applied strain can thus be evaluated. The principle of a harmonic radar can be used to assign separate frequency bands to the interrogation and sensor response signal for different function discrimination as well as for the elimination of interfering ambient clutter scattering [4]. In [5] two separate antennas are used for the operation in the two frequency bands. However, to ensure strain homogeneity over the sensor parts and make the sensor more compact, a dual-band antenna is favored. In this paper, dual-band antennas are designed and investigated for their feasibility as a strain sensing part of a doubler-based wireless strain sensor as illustrated in Fig. 1.

II. ANTENNA CONCEPTS

A. Effect of Strain on a Microstrip Antenna

The resonant frequency of a rectangular microstrip antenna which consists of a metallic layer on a substrate material with a ground plane on the other side is mainly dependent on the physical length L of the patch. Fringing field effects on the patch edges introduce an imaginary line extension ΔL_{ext}, that adds up to the physical length and is linearly dependent on the substrate thickness h [6]. The antenna’s resonance frequency is then [3]

\[ f_{\text{res}} = \frac{c_0}{2 \sqrt{\varepsilon_{r,\text{eff}}}} L + \frac{1}{L + 2\Delta L_{\text{ext}}} = \frac{k_1}{L + k_2 h}, \]  

(1)

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where \( k_1 \) and \( k_2 \) are constants.

Strain is defined as the deformation of a body \( \Delta L \) in relation to its initial size \( L_0 \) due to the application of force. For one dimension, strain is given by [7]

\[
\varepsilon = \frac{\Delta L}{L_0}
\]  

(2)

Strain is here given in \( \mu \varepsilon \) (microstrain), with \( 1 \mu \varepsilon \) corresponding to 0.0001% of elongation.

If a strain \( \varepsilon_l \) is applied on an antenna parallel to the length \( L_0 \), which determines the antennas resonance, its dimensions are affected with respect to Poisson’s effect [7] as follows:

\[
L = L_0 (1 + \varepsilon_l)
\]  

(3a)

\[
W = W_0 (1 - \nu_p \varepsilon_l)
\]  

(3b)

\[
h = h_0 (1 - \nu_s \varepsilon_l)
\]  

(3c)

where \( W \) is the width of the patch, \( \nu_p \) and \( \nu_s \) are the Poisson’s ratios of the metal layer and the substrate material, respectively, and the index 0 indicates the initial body dimensions.

This deformation then leads to a frequency down-shift, the new resonance according to (1) being [3]:

\[
f_{\text{res}} (\varepsilon_L) = \frac{k_1}{L_0 (1 + \varepsilon_l) + k_2 h_0 (1 - \nu_s \varepsilon_l)}
\]  

(4)

This leads to the idealized relationship between resonance frequency and strain (it is assumed that \( \nu_s = \nu_p = \nu \)):

\[
\varepsilon_L = -\frac{L_0 + \nu k_2 h_0}{L_0 + k_2 h_0} \frac{\Delta f_{\text{res}}}{f_{\text{res}0}} = K \frac{\Delta f_{\text{res}}}{f_{\text{res}0}}
\]  

(5)

with \( \Delta f_{\text{res}} \) being the shift of the resonance frequency. The shift in resonance frequency is thus linearly dependent on the applied strain level. The strain sensitivity can be defined as \( \Delta f_{\text{res}}/\varepsilon_L \) and is given in \( \text{kHz}/\mu \varepsilon \).

If strain is applied in cross-direction to the electrical length of an antenna, the length of the patch decreases due to Poisson’s effect. This leads to an up-shift in resonance frequency. The direction of applied strain can therefore be detected by the prefix of the frequency shift. In case of a dual-band antenna, the two resonances can shift in equal or opposing directions.

### B. One-feed Antenna

A rectangular patch with slots along its width was introduced in [8]. Dimension adjustments were made as can be seen in Fig. 2 to match the two resonances to the desired frequency bands and increase radiation efficiency at the first resonance. For \( f_1 \) the entire physical length of the antenna resonates. Due to the inductive loading of the slots, an antenna size of only 47% of the size of a rectangular \( \lambda/2 \)-patch resonating at 2.9 GHz was achieved. For higher frequencies, the slots function as filter for the upper antenna part. Only the lower part of the antenna between the slots and the bottom edge resonates, creating the second resonance at 5.8 GHz.

The antenna was fabricated on Rogers RT/duroid 5880 substrate material with 1.575 mm thickness. Simulated and measured return loss can be seen in Fig. 3. In order to increase the radiation efficiency at the first resonance frequency, which is limited due to the introduction of the slots, the width and length of the slots were optimized. It was found, that narrowing the width of the slots and decreasing their length increases efficiency at \( f_1 \). However, a notch is introduced in the radiation pattern at \( f_2 \) if the length of the slots is decreased due to the worsening performance of the slots as filter. A compromise was found with the notch being above \(-3 \text{ dB}\) in depth. The simulated and measured radiation patterns are displayed in Fig. 4 and 5, respectively. Peak gain values of 5.1 dBi at \( f_1 \) and 8.4 dBi at \( f_2 \) were measured with efficiencies reaching 62.7% and 94.1% for the two resonances. With HPBW of 74.5° and 87.1° for the two planes at \( f_1 \) and 126.8° and 86.4° for the two planes at \( f_2 \) reader positioning is possible over a wide range of angles over the sensing antenna. The advantage of this design is its miniaturization. However,
for integration with a doubler-based system, a diplexer or a power divider has to be employed, which introduces losses. An easier integration is possible with a two-feed antenna.

C. Two-feed Antenna

A rectangular patch antenna which is surrounded by an open loop fed at a relative angle of $90^\circ$ was designed. The structure is an integration of two rectangular patches into one dual-band antenna with separate ports. Each port is associated with one resonance, Port 1 with 2.9 GHz, Port 2 with 5.8 GHz. The fabricated design can be seen in Fig. 6.

For $f_1$ the antenna operates in a higher order $TM_{110}$ mode, making the resonance dependent not only on the physical length in x- but also on the length in y-direction. For $f_2$ the inner patch operates in a basic order mode, thus the resonance is mainly dependent upon its length in x-direction. Simulated and measured return loss for both ports can be seen in Fig. 7. Cross-coupling between the two ports was measured to be below $-15$ dB. Both ports were matched to $50\Omega$ with the aid of $\lambda/4$-transformers for measurement purposes. In the integrated system, they will have to be replaced by circuits matching the antenna ports to the doubler impedances.

The simulated and measured radiation patterns for both resonances are displayed in Fig. 8 and 9. They resemble patterns from a regular rectangular patch with HPBWs of $92.2^\circ$ and $99.1^\circ$ for the two planes at $f_1$ and $60^\circ$ and $109.2^\circ$ for the two planes at $f_2$. With no side lobes this again facilitates reader interrogation and positioning over the antenna. Gain values of $5.1$ dBi at $f_1$ and $7.2$ dBi at $f_2$ were measured with efficiencies of $85.8\%$ and $92\%$ for the two frequencies.

III. STRAIN SENSITIVITY MEASUREMENTS

To measure the effect of strain on the antenna, the setup displayed in Fig. 10 was used. The antenna is tightly glued onto a metallic specimen, which is then clamped into a straining machine. The machine pulls on one side of the specimen to create the desired strain level on the antenna. The antenna is connected to a VNA which records the return loss for every step of applied strain with a measurement range of 0 to $2500\ \mu\varepsilon$. The exact strain level is detected by strain gauges which are placed on top of the specimen. The weakening of strain due to the thickness of the substrate is not taken into account by this measurement and has to be added for precise results. The antennas’ transmission lines had to be extended as can be seen in Fig. 10(b) for some measurements to make SMA connection on the side of the specimen possible.
The second resonance frequency however, simulation results show a significantly higher sensitivity of $-3.4 \text{ kHz/\mu e}$. This deviation can be explained by the effect of the extended transmission line, which had to be added to Port 1 for this measurement. This assumption was verified by simulation.

For strain in y-direction, a similar sensitivity was found for $f_1$ compared to strain in cross-direction. This is due to the operating higher order mode on the antenna, which makes the resonance dependent on length changes along both directions. For $f_2$ the resonance shifts up due to Poisson’s effect with $0.59 \text{ kHz/\mu e}$. Since the resonances are shifting into opposing directions for strain along the y-axis, but in the same direction for strain along the x-axis, directional information can again be extracted from the shifts of the antenna resonances next to the evaluation on amplitude.

IV. CONCLUSION

Two feasible dual-band antenna concepts for a doubler-based wireless strain sensor were proposed. The compactness of a dual-band design instead of two separate antennas ensures a certain strain homogeneity over the sensor part. Return loss, radiation pattern and strain sensitivity were measured for both designs to verify simulation results. Both antennas are able to detect strain in terms of amplitude and direction. For the one-feed antenna a significant size reduction compared to a rectangular patch was achieved, which leads to high strain sensitivity values along the antenna length at the expense of significant losses when integrated with frequency doubler-based sensors. Simple low-loss integration is possible with the two-feed antenna. In addition, strain detection in two directions is possible with equal sensitivities with this design. For higher absolute sensitivity values, the antennas can be operated in higher frequency bands after dimension adjustments.

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